

# Morning

## CHECKLIST

- ☐ WAKE UP
- ☐ EAT BREAKFAST
- ☐ MAKE BED
- ☐ BRUSH TEETH
- ☐ WASH FACE
- ☐ GET DRESSED
- ☐ BRUSH HAIR
- ☐ PACK LUNCH
- ☐ PACK BACKPACK (LUNCH, WATER BOTTLE, HOMEWORK)
- ☐ PUT ON SHOES, JACKET, HAT
- ☐ DOUBLE-CHECK BACKPACK
- ☐ GIVE A QUICK HUG AND GO!